

CWS3041W: WORKING WITH CHILDREN IN PLACEMENT
Training Follow-up Guide for Supervisors

<p>Course Description</p>	<p>This course is intended for all Permanency staff. Participants will consider the underlying needs of children in foster care and discover methods for effectively working with children/youth and their caregivers to promote safety, permanency, and well-being. The training focuses on engagement techniques and the role of the worker in completing quality contacts with children/youth, biological parents, and foster parents to build effective case plans and monitor progress. Participants will also explore the impact of trauma on children’s behavior and learn to enhance placement stability with practical strategies that workers and caregivers can use to identify and respond to trauma triggers and challenging behaviors.</p> <p>Topics include:</p> <ol style="list-style-type: none"> 1. Direct application of VDSS Practice Profiles to foster care practice 2. Actions before, during & after worker visits 3. Planned and purposeful family visitation 4. Impacts of trauma on children in placement 5. Trauma-informed practice strategies for workers and caregivers
<p>Purpose</p>	<p>Please complete the following field practice activities to facilitate discussions with your worker about how training supports their ability to effectively provide foster care services in order to promote safety, permanency, and well-being for children.</p>
<p>Field Practice Activities to Support the Application of Learning</p>	<p><input type="checkbox"/> Have the worker prepare for an upcoming contact/worker visit by reviewing case information, identifying purpose of the visit, and preparing an agenda prior to the contact. (Handout 11)</p> <p>Completion date: _____</p> <p><input type="checkbox"/> Have the worker complete a Self-Assessment Tool related to their current skills and confidence in the practices (before, during, and after) needed to complete quality contacts. (Handout 10 and 23). Discuss tool in supervision and offer coaching to support worker in skill development.</p> <p>Completion date: _____</p> <p><input type="checkbox"/> Review worker’s documentation after several monthly worker visits (Handouts 24 and 25). Provide feedback on strengths of narrative as well as areas for improvement. Ensure that safety, permanency, and well-being are clearly assessed.</p> <p>Completion date: _____</p> <p><input type="checkbox"/> Have the worker complete a written visitation plan for a foster care case and explain recommendations using job aids.</p> <p>Completion date: _____</p> <p><input type="checkbox"/> Ask the worker to identify a child/youth on their workload and assess her/his trauma history. Have the worker collaborate with the child/youth to complete the Managing Emotions Guide (MEG-Handout 5) and share individualized behavior management strategies with caregivers.</p>

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Completion date: _____

Summary of Caseworker's Learning

This activity has been completed and reviewed with the worker.

Worker:

Date Completed

Supervisor:

Date Reviewed

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Supervisor Comments:

After collaborating with your worker following the completion of CWS3041, emphasize the importance of applying best practices before, during, and after contacts and family visits. Routinely inquire about what strategies are being used to engage children/youth/families. Ask about how the worker is monitoring case progress and making adjustments to meet individual needs and changing circumstances.

Optional Activities:

Have the worker explain trauma triggers and the “Four Rs” (regulating, revving, re-experiencing, reconstituting). Ask the worker to explain the “Four Rs” to a foster parent and identify child-specific behavior patterns of each stage. (Handout 4)

Accompany the worker on one or more field contacts. Complete the Observation Tool (Handout 24) and provide honest feedback about strengths and areas needing additional attention. Allow worker to set practice improvement goals and provide ongoing coaching to support professional development.

Ask the worker to explain VDSS Guidance requirements related to visits with parents, siblings, and incarcerated parents.