

Important Changes to Supplemental Nutrition Assistance Program (SNAP) Work Requirements



VIRGINIA DEPARTMENT OF
SOCIAL SERVICES



SNAP work requirements have changed for current and new customers:

- 1 Age exemptions have changed. If a customer is 64 or under, they are required to meet SNAP work requirements, unless otherwise exempt.
- 2 The dependent child exemption has changed. If customer has a dependent child age 14 or older, they are required to meet SNAP work requirements, unless otherwise exempt.
- 3 Local departments of social services can no longer receive work requirement exemptions based on the availability of jobs in the area.
 - » If a customer is impacted by this change, they should have received the *SNAP Work Requirement Consolidated Information Notice* by mail. This notice:
 - Explains the work requirement, time-limited benefits and how to regain eligibility.
 - Includes a list of work requirement exemptions.
 - Includes instructions for the customer to select all applicable exemptions.
- 4 Effective November 1, 2025, **the following work requirement exemptions for able-bodied adults without dependents are no longer available:**
 - » Experiencing homelessness.
 - » United States veterans.
 - » Between the ages of 18 and 24 and have transitioned out of foster care.

Questions? Customers should contact their local department of social services.

Remember, customers can always check the status of their benefits or report changes to their information at CommonHelp.virginia.gov.



Scan this QR code to access a list of current work requirement exemptions.

The Virginia Department of Social Services is an equal opportunity provider. Auxiliary aids and services are available upon request to individuals with disabilities.

